



SAMPLE MENU

Week 1

Week 2

Monday	<p>Cheese on toast and beans on toast Choice of fresh fruit or salad Milk shake ,milk , juice or water</p>	<p>Jam sandwiches Choice of fruit Milk shake, juice or water</p>
Tuesday	<p>Crumpets with jam/soft cheese /butter Choice of fresh fruit or salad Milk, juice or water</p>	<p>Hot dogs and veggie sausage Selection of fruit Juice, milk or water</p>
Wednesday	<p>Ham or cheese rolls and cucumber sticks Choice of fresh fruit Milk , juice or water</p>	<p>Pancakes strawberries/banana/watermelon Juice ,milk or water</p>
Thursday	<p>Pizza Carrot sticks Choice of fruit Milk, juice or water</p>	<p>Tomato pasta Choice of fruit Juice, milk or water</p>
Friday	<p>Selection of sandwiches Selection of fresh veg and cherry tomatoes Milk, juice or water</p>	<p>Crackers with cheese/rice cakes &cucumber Soup Juice or water</p>