



**Mrs S Pennington: Head Teacher**  
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8<sup>th</sup> November 2021

Re: Covid-19 symptoms

Dear Parents and Carers

Symptoms of Covid-19 and other illnesses can be similar so the information in the table below may be helpful.

<b>SYMPTOMS</b>	<b>CORONAVIRUS</b> Symptoms range from mild to severe	<b>COLD</b> Gradual onset of symptoms	<b>FLU</b> Rapid onset of symptoms	<b>HAYFEVER</b>	<b>ASTHMA</b>
<b>Fever (&gt;37.8°C)</b>	Common	Rare	Common	No	No
<b>Cough</b>	Common (usually dry and continuous)	Mild	Common (Usually dry)	Sometimes (usually dry)	Sometimes (wheeze and cough)
<b>Shortness of breath</b>	Sometimes	No	No	No	Sometimes
<b>Headache</b>	Sometimes	Rare	Common	Sometimes	No
<b>Sore throat</b>	Sometimes	Common	Sometimes	Itchy throat	No
<b>Runny/stuffy nose</b>	Rare	Common	Sometimes	Common	No
<b>Sneezing</b>	No	Common	No	Common	Rare
<b>Aches and pains</b>	Sometimes	Common	Common	No	No
<b>Fatigue</b>	Sometimes	Sometimes	Common	Sometimes	No
<b>Diarrhoea</b>	Rare	No	Sometimes (for children)	No	No

If you determine that your child has Covid-19 symptoms your child must get a PCR test. Your child and household members will need to isolate if over 16 and not double vaccinated. If the test is negative, your child should return to school as soon as possible providing they are well enough.

If your child has a cold, hayfever or asthma they should still attend school if they are well enough. Time at school is very precious so we must ensure pupils attend whenever they can. Should you be uncertain whether to send your child to school then please contact us and we will try to help.

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 Website: [www.northfieldmanoracademy.org.uk](http://www.northfieldmanoracademy.org.uk)

