

Day 1/2

1. Match the word to the definition:

Ingredients added to food that aren't from natural sources.	<b>Artificial additives</b>
People who make products.	<b>manufacturers</b>
Someone who advises others about how food can affect their health.	<b>nutritionist</b>

2. Find and copy the heading of the newspaper report.

**Parents confused by labels on food for children**

3. Find and copy the adjective that describes the age of the child.

**The adjective is young.**

4. According to the text, why do some parents find it hard to buy healthy food for their children? Give two reasons.

**There are a long list of ingredients and confusing health claims.**

5. How does Frankie Phillips make sure her children eat well?

**She makes as much as she can from scratch.**

6. According to the text what was the percentage of parents who trusted manufactures to provide healthy products for their children?

**8%**

7. Complete the table to show whether the sentences are true or false.

	True (T) or False (F)
Parents trying to buy healthy food for their young children are being hampered by high levels of artificial additives.	<b>T</b>
Only 9 per cent said they trusted manufactures to provide healthy products for their children.	<b>F</b>
Dr Frankie Phillips, a health doctor said "snacks are designed for older children and adults"	<b>F</b>
As a mum of four girls, my children always eat healthily.	<b>F</b>

8. How can you tell from the text's layout that it is a newspaper article?

*There are sub-headings, a title and it is in columns. It also includes witness statements.*

9. Find evidence in the text to support this statement.

*Frankie Phillips cares for her children and wants them to be healthy.*

*I know that Dr Frankie Philips cares for her children because in the text it says that she is a nutritionist and she also looks at labels and makes as much as she can from scratch.*

Super Challenges:

Summarise: Number the following events from 1 to 4 to show the order that they happen.

<i>"Snacks are designed for older children and adults-even those marketed as healthy-can contain far more sugar and salt than is good for a toddler."</i>	<b>2</b>
<i>More than a third of parents said they did not know what half of the ingredients listed on the packets were.</i>	<b>1</b>
<i>Clearer labelling will allow parents to make better choices.</i>	<b>3</b>
<i>700 mothers of children aged between six months and five years were asked about their child's eating habits.</i>	<b>4</b>

**Prediction:**

*Do you think food manufactures will listen to parents and change their labels and ingredients?*

*Do you think it is more important that food is healthy or that it tastes good? Explain your answer.*

**Prediction answers – up to the child.**