

# LUNCH

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# MANOR MUNCH

## MONDAY

Homemade lasagne served with garlic bread

Quorn nuggets

Jacket potato

Selection of vegetables and baked beans

All served with a potato option

Homemade shortbread

## TUESDAY

Chicken curry

Vegetable curry

Both served with rice and naan bread

Jacket potato

Selection of vegetables and baked beans

All served with a potato option

Flapjack

## WEDNESDAY

Manor Munch Carvery

Roast turkey & stuffing

Quorn roast & stuffing

Jacket potato

Selection of vegetables and baked beans

All served with a potato option

Apple crumble

## WEEK 1

## THURSDAY

Brown stewed chicken, rice & peas with fried dumpling

Sweet and sour quorn

Jacket potato

Selection of vegetables and baked beans

All served with a potato option

Chocolate concrete

## FRIDAY

Homemade pizza

Battered fish

Jacket potato

Selection of vegetables and baked beans

All served with a potato option

Ice cream tub

## DAILY

SALAD BAR,  
YOGHURTS,  
FRUIT POTS