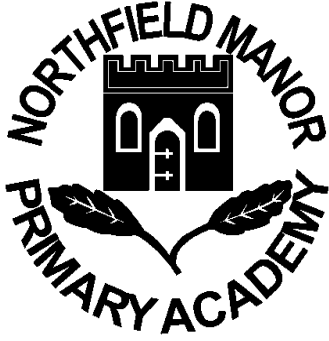


NORTHFIELD MANOR PRIMARY ACADEMY

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20th June 2019

Dear Parents and Carers,

I am forwarding this information from the NSPCC in regard to one of our PSHE lessons to be taught in Year 1 and Year 2 in the coming weeks.

NSPCC

In our PSHE lessons this term, we will be discussing the NSPCC's Underwear Rule.

This is designed to teach pupils how to stay safe from sexual abuse, without giving explicit information or telling scary stories or even using the term 'sexual abuse'. In the lesson, children will learn about the 'PANTS' acrostic, which stands for:

- *Privates are private*
- *Always remember your body belongs to you*
- *No means no*
- *Talk about secrets that upset you*
- *Speak up, someone can help*

The lesson will be delivered in a way that's fully age-appropriate.

More information about the Underwear Rule, including a short film and a parent guide can be found at www.nspcc.org.uk/underwearrule.

The mentioned video clips were shown as part of our SRE parent workshops and are a 'child-friendly' approach to this important topic. I recommend you take a look at the NSPCC website for further information.

Yours faithfully

Mrs Westwood



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